



Connect with Kindness: Child-Generated Teacher-Friendly Supplementary SEL Curricula

Executive Summary

"Connect with Kindness Curricula" are cutting-edge supplementary Social and Emotional Learning (SEL) curricula designed to support personal well-being through kindness, empathetic, and compassionate actions for students aged 4-18. Based on the skills and competencies identified by the Easel Project and CASEL as well as 25 pilot teachers worldwide, these curricula materials emphasize child-generated, teacher-friendly approaches, ensuring every lesson is equitable, culturally responsive, and transformative.

Developmental Focus

The curricula materials are geared toward three primary age groups: 4-10, 11-13, and 14-18.

Key Features

- **Authentic Ethos:** All themes, subskills, and vocabulary included in these curricula originated from students' expressions of kindness worldwide.
- **Culturally Responsive:** All 28 lessons for each of the three age ranges begin with a kindness inspiration from a student someplace else in the world, eliciting high levels of interest and student engagement, which also facilitates students seeing mirrors of themselves and into windows of other cultures.
- **Project-Based:** All lessons are project-based activities accomplished in real-time scenarios; students learn to be kind by being kind.
- **Child-Generated:** Students determine each lesson's path by brainstorming ideas from a teacher prompt. This lesson design consistently brings students' voices, creative ideas, cultures, and diverse experiences into the classroom. By doing so, the development of students' sense of identity and belonging is supported.
- **Critical Thinking and Reflection:** All lessons conclude with teacher prompts for critical thinking and reflective discussions, and/or writing activities, helping students to connect the kindness action with their positive feelings and emotions.
- **Teacher-Friendly:** All lessons are specifically designed to leverage pockets of time that arise throughout the day, varying from a 10-minute kindness boost to a four-week immersive project. Lessons include trauma-based best practices.
- **Progress Monitoring:** Participation rubrics provide clear indicators of student engagement and emotional growth, which is uncommon but crucial for evaluating the effectiveness of SEL programming.

Conclusion

"Connect with Kindness Curricula" are transformative because the entire school naturally unifies around the singular concept of kindness. The multifaceted and diverse ideas and skills students acquire are **all** connected to kindness, which makes it easy to understand and use in daily life. "Connect with Kindness Curricula" are profoundly impactful, providing essential tools for any school committed to developing empathetic students who are prepared to lead with kindness in a diverse world.

Embrace the future of education. Implement "Connect with Kindness Curricula" in your school and see firsthand how it can transform individual students and entire school cultures.